

SPECIALS

Tuesday - Dino Nuggets and Veggie Sticks \$5.00

5 Tempura dino nuggets with carrot and cucumber sticks. \$0.50
*add sauce tomato, bbq, mayo

Wednesday - Twisted Pasta Bolognese \$5.00

Classic beef bolognese sauce with twisted pasta.

*gluten friendly available
*Vegetarian available

Thursday - Pizza! \$5.50
BBQ chicken \$5.00
Hawaiian

Friday - Satay Chicken and Rice \$6.30

Nut free and gluten free!
Chunks of chicken in a savoury satay sauce with rice

delivered to your child's class!

Frozen Treats

Frozen Yoghurt	\$2.70
Zooper Dooper	\$0.50
Callipo	\$1.70
Lemonade Icy Twist	\$2.00
Rainbow Paddle Pop	\$2.50

Birthday fun!

Birthday buckets filled with zooper dooper fun for the whole class
+ \$2 tuckshop voucher \$16
+ Birthday Certificate!



Ordering:

Our preference is for orders and payment via Flexischools --> flexischools.com.au
The latest specials and up-to-date pricing will be found there.

Cut-off for orders: 8:30am

Lunch Breaks: Separate orders required for 1st and 2nd lunches. Not all items will be available for both lunch breaks.

Forgotten lunch: We can provide your child with a sandwich and IOU note sent home. Prompt payment is greatly appreciated.

IOU's can be paid for on Flexischools.

Interested in volunteering? Drop in and say hi or email us tuckshop@wesspandc.org

P&C ASSOCIATION
WEST END STATE SCHOOL

TUCKSHOP



West End State School P&C Association

TUCKSHOP MENU

Mon-Fri 8am - 1:45pm

2025-Term 1

Tuckshop is located ground level O Block
(Under Performing Arts Centre)

 07 3010 8201

 tuckshop@wesspandc.org

 facebook.com/wesspandc

Keep an eye on our facebook page and flexischools for any changes and our latest special offerings!

Hot Food

Puppy Dog (1/2 hotdog with tpmato/bbq or no sauce)	\$3.00
Corn Cob	\$2.00
Spinach & Ricotta Roll Gluten Free, Housemade	\$5.00
Sausage Roll	\$4.00
Meat Pie	\$4.50
Mac and Cheese Gluten free also available	\$5.00
Falafel Wrap (toasted) Two falafels on a wrap with lettuce, tomato and carrot with your choice of BBQ or Sweet chilli sauce	\$5.00
Cheese pizza Cheese pizza with tomato sauce base	\$4.50

Burgers

All burgers come with lettuce and tomato
(optional) and a choice of tomato, bbq or
mayo sauce

Cheeseburger	\$5.80
Chicken Burger	\$5.80
Vege Burger	\$5.80

Sandwiches and Wraps

Select: Protein + Breads + Fillings + Sauce
Wraps can be made Gluten Friendly

Protein:

Chicken	\$5.50
Ham	\$4.50
Tuna	\$4.50
Cheese/Egg/Avocado	\$4.50
Salad	\$4.50

Fillings:

Lettuce, Tomato, Carrot, Beetroot, Cucumber add	\$0.60 each
Avocado	\$2.00
Cheese	\$1.00
Egg	\$1.20

Sauces:

Mayo/Tomato/Bbq/Sweet Chilli	\$0.30
Make it <u>Toasted</u>	\$0.50

Salads and Bowls

The Everything Salad

Choose a protein - (chicken, ham, tuna or falafel)
to have on top of a salad of lettuce, tomato,
cucumber, beetroot, carrot, cheese and egg.
**add dressing if you choose.

\$9.00

The Greek

Lettuce, tomato, cucumber, olives and feta
cheese with greek dressing

\$6.50

The WESS Nourish Bowl

A protein packed salad with sweet potato,
chickpeas, egg, lettuce, tomato, corn and carrot.

\$8.00

The Caesar

Chicken, lettuce, cheese, ham and croutons
with a lite caesar dressing.

\$6.50

Snacks

Apple or Orange	\$1.50
Seasonal fruit salad bowl	\$4.50
Carrot sticks	\$2.00
Cheese 'n crackers	\$2.50
Peeled boiled egg	\$1.50
Muffin (blueberry)	\$3.50
Popcorn	\$1.00
Greek Yoghurt- Natural Greek Yoghurt Add house made strawberry sauce	\$3.50 +\$0.40
Bliss Balls	\$0.80
Jelly juice cups	\$2.00
Snack Lunchbag	\$7.50
Lunchbag filled with snacks to last the whole day - house made muesli bar slice, bag of popcorn, cheese and crackers, apple, protein ball and a cup of apple juice	

Drinks

Water 600ml	\$2.50
Milk (plain) 200ml	\$2.00
Milk (flavoured) 250ml	\$2.70
Juice (assorted) 250ml	\$2.50